



## **Sun safety policy and procedures for both Nursery and Forest School sessions**

### **Policy statement**

At Village Montessori Nursery School we acknowledge the importance of sun protection, at the same time we want staff and children to enjoy the sun safely. The school is concerned about protecting staff and children from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight. Skin cancer is the most common form of cancer in the country. As sunburn and almost all skin cancer is caused by the sun, it is possible to prevent this happening. The school believes that by encouraging sun safe behaviour at school and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

The school would like your help and support in this matter. We will be encouraging children to avoid sunburn and overexposure to the sun through the following procedures and practice:

### **Procedures and practices:**

- Sun safety is discussed interactively with all children through books and pictures
- Seats and equipment are moved to a shady area, particularly during the middle of the day
- Outdoor activities and events are planned outside of 11am-3pm where possible; if this is sometimes unavoidable, the staff will ensure hats, clothing and sunscreen are worn to minimise sunburn
- Wearing suitable hats eg. wide brimmed or legionnaire style
- Wearing clothing that protects the skin, particularly for outdoor activities and school trips; vest and strappy tops are discouraged.
- Using a high factor sunscreen (SPF 30+ and checking the sunscreen is in use by date) and applying adequately and regularly e.g. two teaspoonful for the head, arms and neck or two tablespoonfuls if in a swimming costume
- All children being supervised apply their own sunscreen with help of mirrors, only if they are old enough to do so
- Staff will be encouraged to set an example

- Teachers and support staff on outdoor duties or in charge of school outings will remind those most at risk of burning to cover up in the sun and use sunscreen.
- Letters are sent home asking for parental permission for staff to apply sunscreen to children

This policy was adopted and practiced at	<b>Village Montessori Nursery School Ltd</b>
Effective date	July 2021
Review date	July 2022
Name of the manager who prepared	Mrs Kwai Fong Purchase
Read and acknowledge by member of staff	Cristina (Deputy), Vicky, Svitlana (Room Leader), Magdalena

#### Useful links:

- [www.nice.org.uk](http://www.nice.org.uk)
- [www.cancerreacher.org.uk](http://www.cancerreacher.org.uk)
- <https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/>